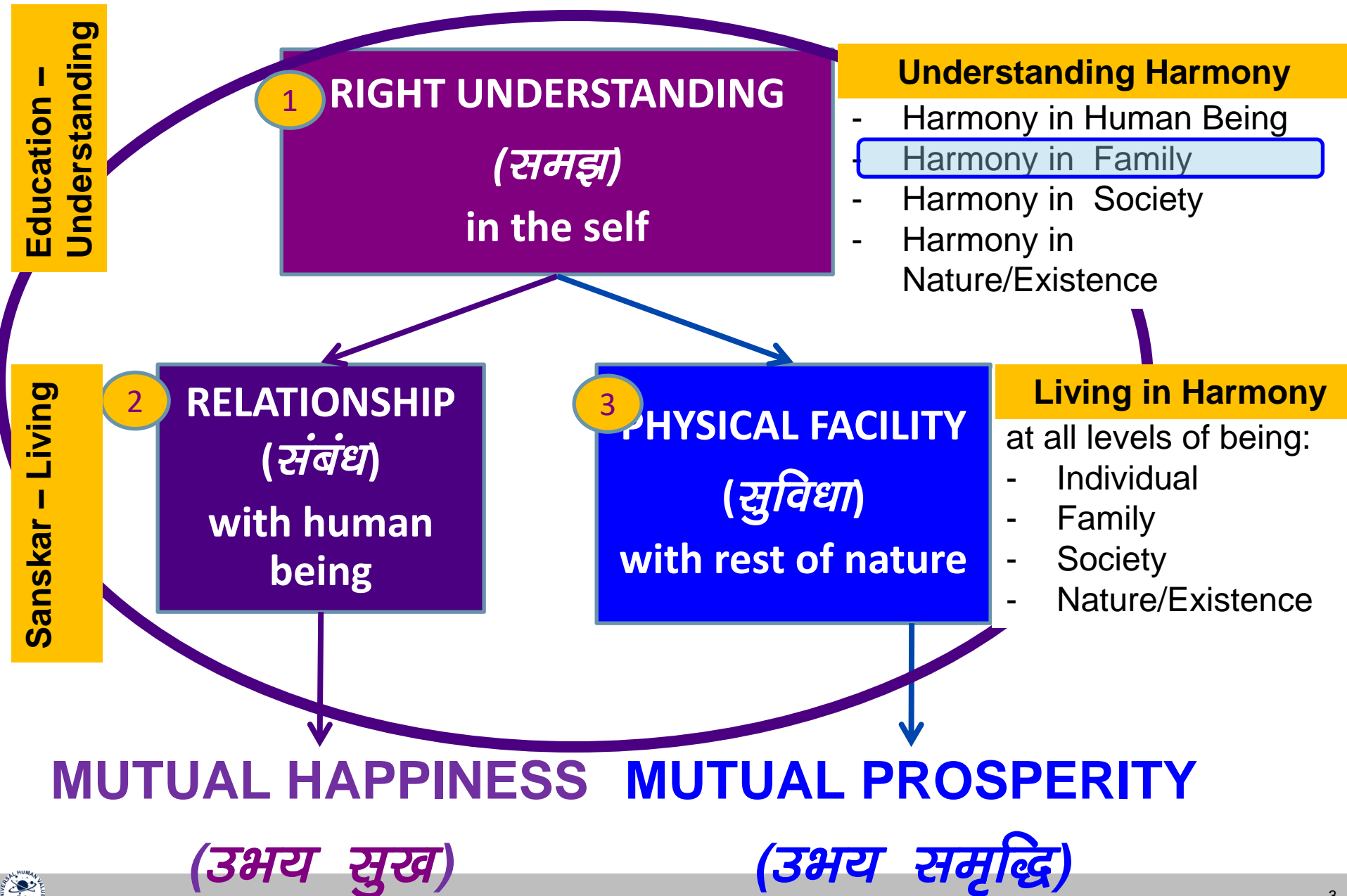




Harmony in the Family

'Respect'

Human Being Living with Human Consciousness



Harmony in the Family

1. Relationship is – between one self (I_1) and other self (I_2)
2. There are feelings in relationship – in one self (I_1) for other self (I_2)
3. These feelings can be recognized – they are definite (9 Feelings)
4. Their fulfilment, evaluation leads to mutual happiness

Feelings in relationship:

1. Trust विश्वास FOUNDATION VALUE
2. Respect सम्मान
3. Affection स्नेह
4. Care ममता
5. Guidance वात्सल्य
6. Reverence श्रद्धा
7. Glory गौरव
8. Gratitude कृतज्ञता
9. Love प्रेम COMPLETE VALUE

Respect (सम्मान)

Respect = Right Evaluation

सम्मान = सम् + मान
 ↓ ↓
 सम्यक् मापना
 ↓ ↓
 ठीक ठीक आंकलन करना

On the other hand

Over evaluation

अधिमूल्यन

– to evaluate for more than what it is

अधिक आंकलन करना

Under evaluation

अवमूल्यन

– to evaluate for less than what it is

कम आंकलन करना

Otherwise evaluation – to evaluate for other than what it is

अमूल्यन

अन्यथा आंकलन करना

Disrespect

अपमान

Whenever the evaluation is not right, it is disrespect

Disrespect (अपमान)

Over evaluation – evaluating more than what it is
अधिमूल्यन – अधिक आंकलन करना

Right
Evaluation
सम्मान

**Self
Confidence**
स्वयं में वश्वास

Wrong assumptions...

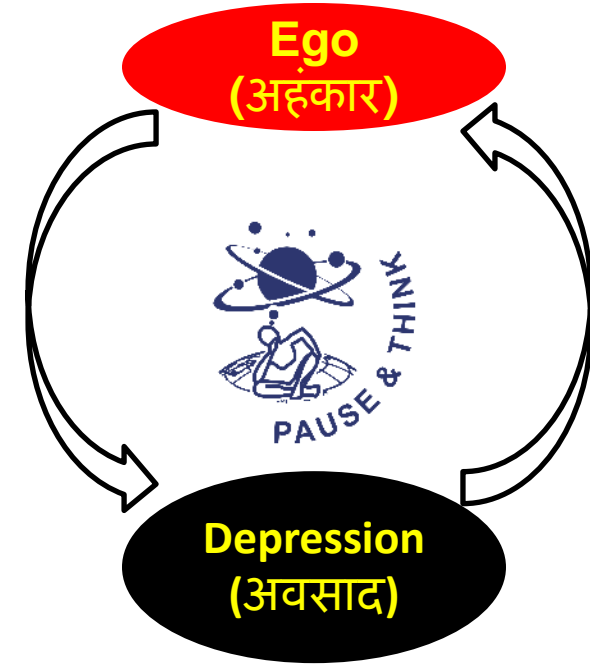
Disharmony within

Tension

Frustration

Depression

Suicide etc.



Under evaluation – evaluating less than what it is
अवमूल्यन – कम आंकलन करना

Otherwise evaluation – evaluating other than what it is
अमूल्यन – अन्यथा आंकलन करना

Respect: Right Evaluation

Will the right evaluation be on the basis of the Self or the Body?



Respect: Right Evaluation – on the basis of the Self

1. Purpose लक्ष्य

- I want to live with continuous happiness & prosperity
- The other also wants to live with continuous happiness & prosperity

Our purpose is same (on the basis of Natural Acceptance)



2. Program कार्यक्रम

- My program is to understand and to live in harmony at all 4 levels
- The program of the other is also to understand and to live in harmony at all 4 levels (Individual, family, society and nature/existence)

Our program is same



3. Potential क्षमता

- Desire, Thought & Expectation (इच्छा, विचार, आशा) is continuous in me. I am endowed with Natural Acceptance
- Desire, Thought & Expectation (इच्छा, विचार, आशा) is continuous in the other. The other is also endowed with Natural Acceptance

Our potential is same



MINIMUM CONTENT of RESPECT

The Other is Similar to Me

दूसरा मेरे जैसा है

Differences

So there are similarities at the level of the self

In living, are we:

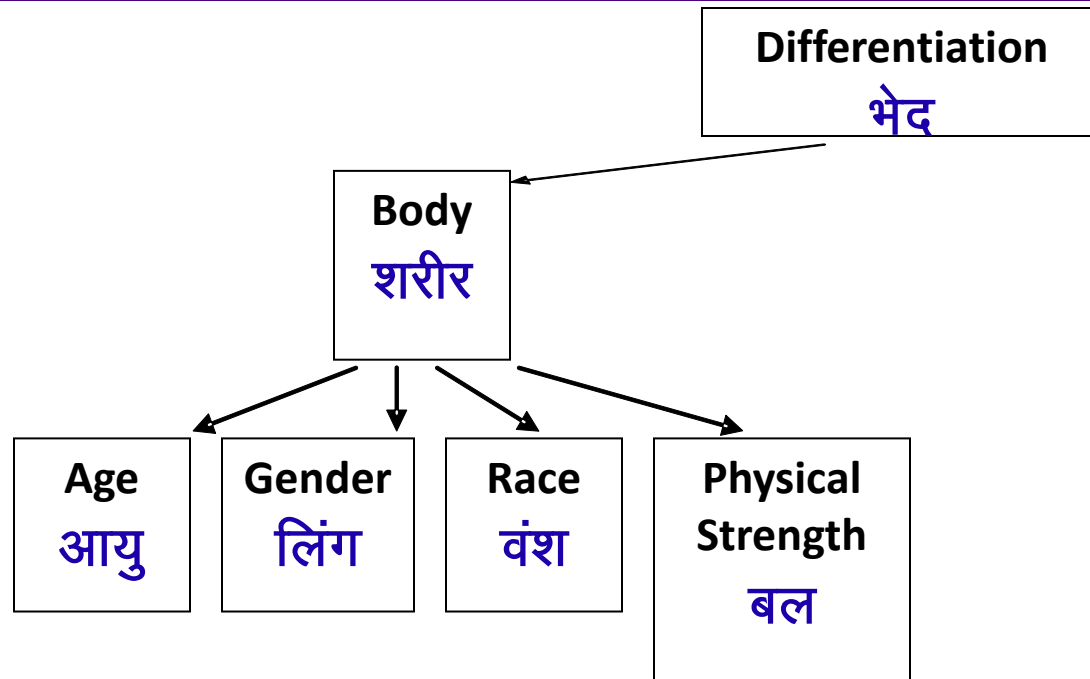
Trying to accept the other as being similar to me

or

Trying to show that we are different from the other?

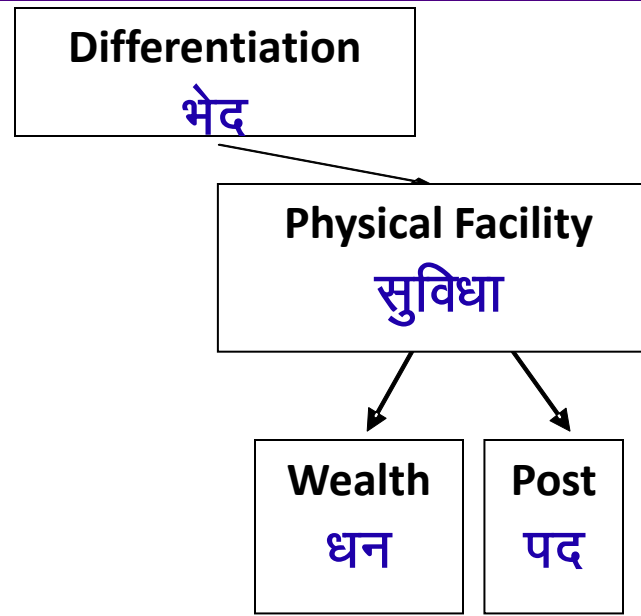






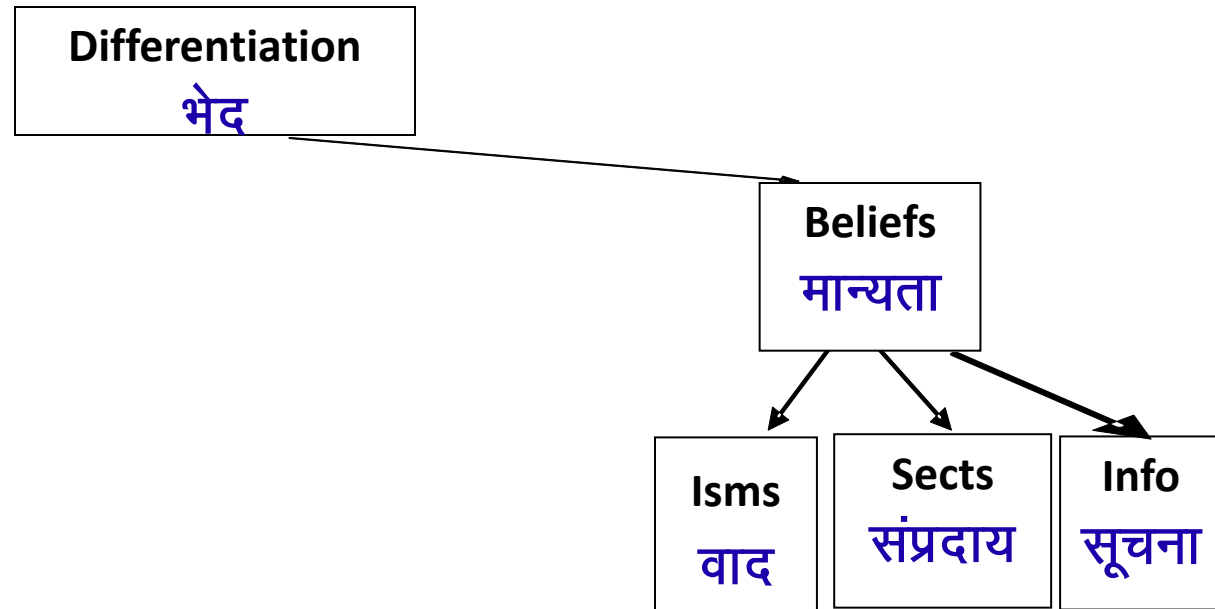
The Gross Misunderstanding is
“Human Being = Body”

While the reality is
“Human Being is co-existence of Self & Body”



The Gross Misunderstanding is
“Physical Facility = Happiness”

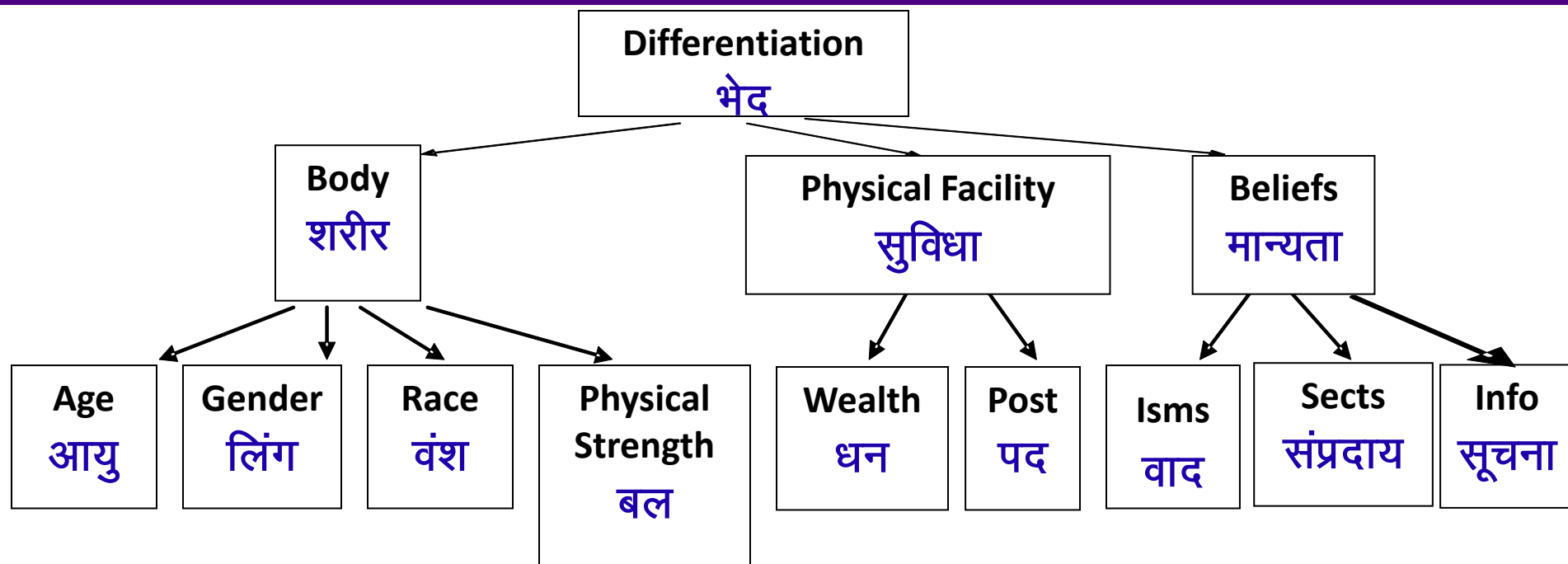
While the reality is
“Happiness is being in a state of Harmony”



The Gross Misunderstanding is
“If the pre-conditioning of the other matches
my preconditioning, then the other is like me”

While the reality is
“Every Human Being is like me”

Differentiation भेद



Differentiation = Disrespect

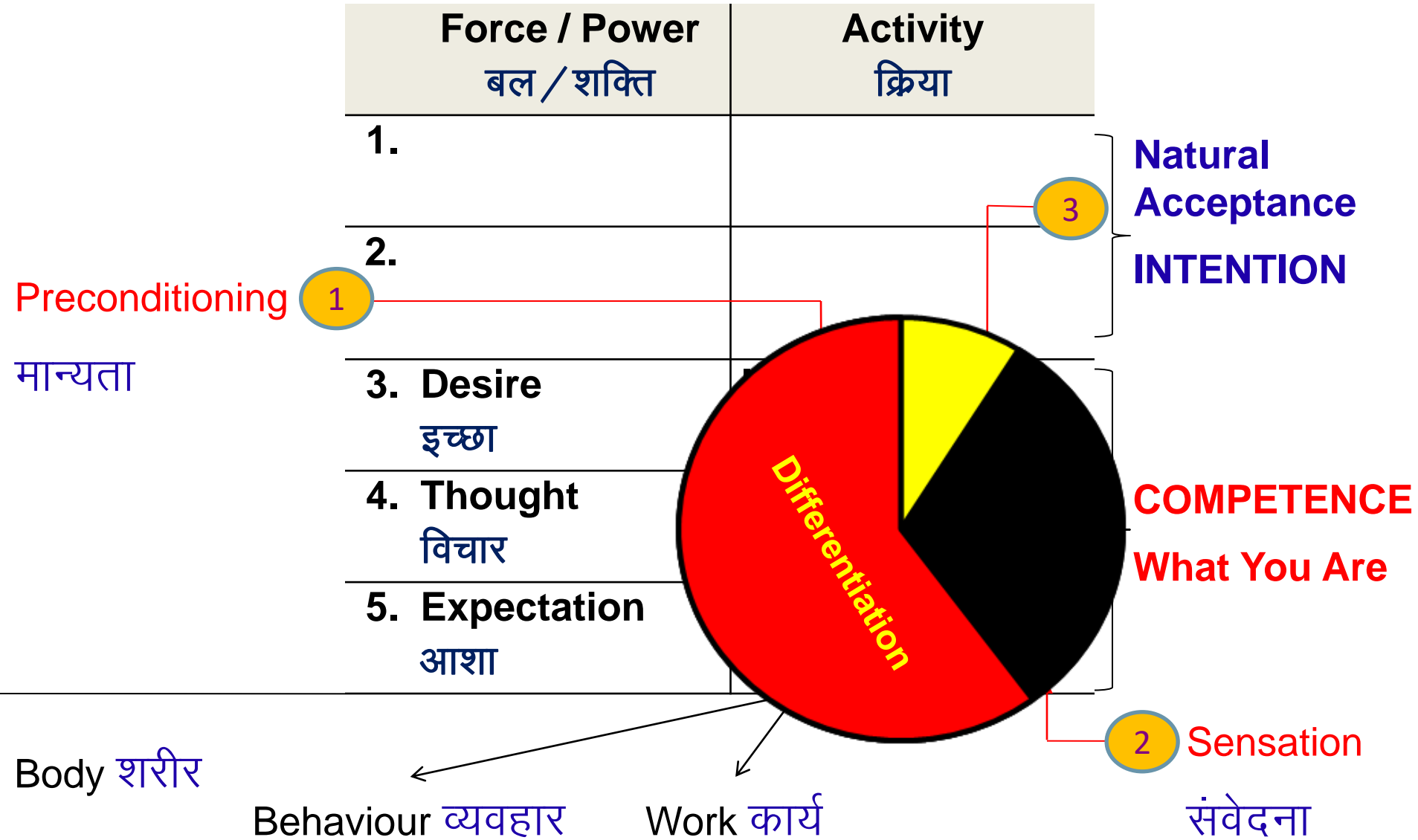
Not Naturally Acceptable... Opposition, Movements...

भेद = अपमान

सहज स्वीकार्य नहीं होता... विरोध... आन्दोलन...



State of Imagination – Random and Disorganised



Respect: Right Evaluation – on the basis of the Self

1. Purpose लक्ष्य

- I want to live with continuous happiness & prosperity
- The other also wants to live with continuous happiness & prosperity

Our purpose is same (on the basis of Natural Acceptance)

2. Program कार्यक्रम

- My program is to understand and to live in harmony at all 4 levels
- The program of the other is also to understand and to live in harmony at all 4 levels (Individual, family, society and nature/existence)

Our program is same

3. Potential क्षमता

- Desire, Thought & Expectation (इच्छा, विचार, आशा) is continuous in me. I am endowed with Natural Acceptance
- Desire, Thought & Expectation (इच्छा, विचार, आशा) is continuous in the other. The other is also endowed with Natural Acceptance

Our potential is same

MINIMUM CONTENT of RESPECT

The Other is Similar to Me

दूसरा मेरे जैसा है

Respect: Right Evaluation – on the basis of the Self

1. Purpose – Our purpose (Natural Acceptance) is same
2. Program – Our program is same
3. Potential – Our potential is same

The Other is Similar to Me

4. **Competence – On the basis of right evaluation of our mutual competence, I recognise our complementarity and fulfill it:**

If the other has more understanding, is more responsible than me

- I am committed to understand from the other

If I have more understanding, I am more responsible than the other

1. I live with responsibility with the other, unconditionally, unperturbed by the behaviour of the other
2. I am committed to facilitate understanding in the other (once the other is assured in relationship, and not before that)



COMPLETE CONTENT of RESPECT

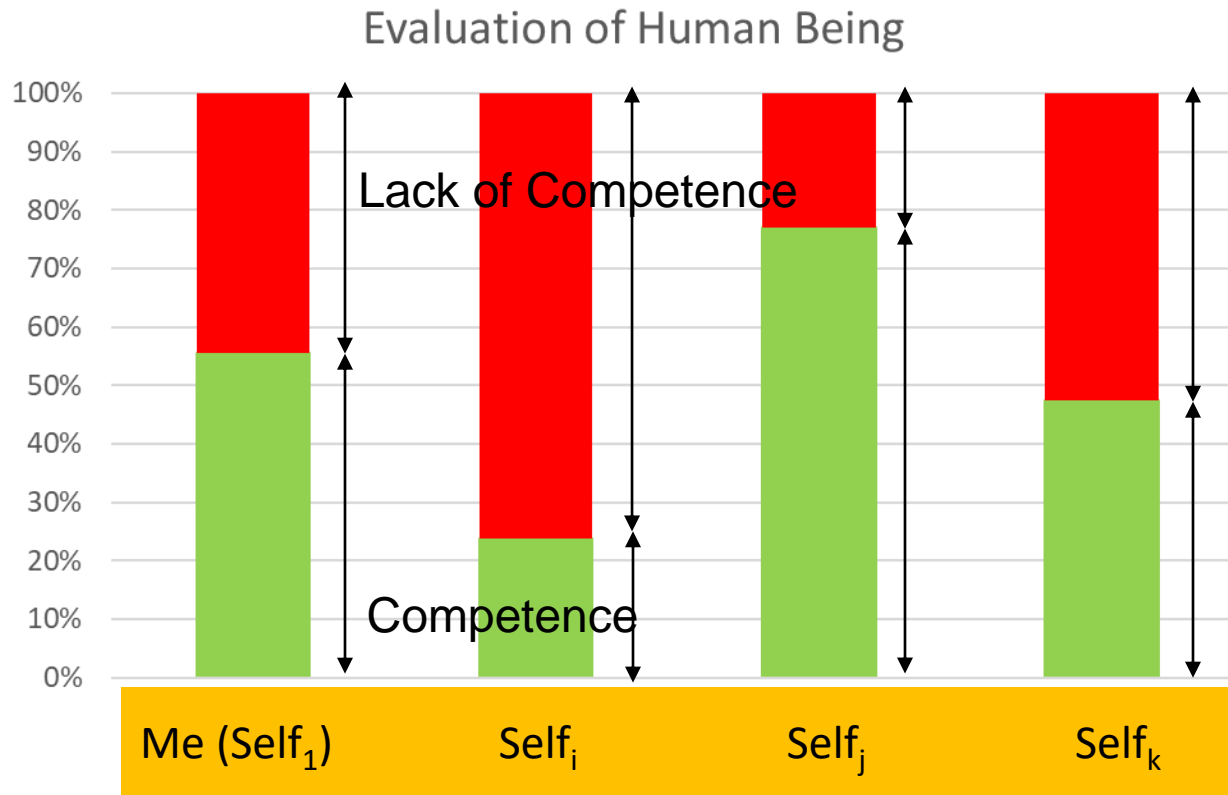
The Other is Similar to Me. We are complementary to each other



Right Evaluation

Intention
(natural
acceptance)
is
same for all

**Purpose,
Program
and
Potential
Same for all**



Competence
of various
people may
be quite
different

**Respect =
Right
evaluation**

(of intention
and
competence)

Take-away:

The feeling of Complementarity

The Other is Similar to Me. We are complementary to each other

With the feeling of complementarity, other feelings naturally follow

Take-away re. Respect

The feeling of Complementariness

All the specific characteristics at the level of Body, physical facility, belief etc. can be used to express that complementarity

e.g. a person with greater physical strength do the heavy work

e.g. a person at a higher post can work for the development of more people and so on

All with a feeling of complementariness, giving and responsibility in relationship

With the feeling of complementariness, other feelings naturally follow

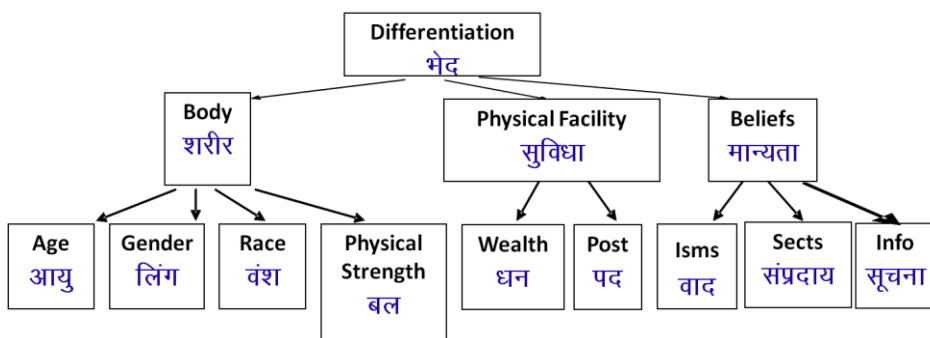
Differentiation

I evaluate on the basis of body, physical facilities or belief (pre conditioning). I compare, compete, differentiate...

I am different from the other

We are competitors

I make effort to accentuate the difference, to manipulate, exploit the other



Respect – on the basis of Self

1. Our purpose (Natural Acceptance) is same
2. Our program is same
3. Our potential is same

The other is similar to me

We are complementary to each other

If the other has more understanding than me
- I am committed to understand from the other

If I have more understanding
1. I live with responsibility with the other
2. I am committed to facilitate understanding in the other (once the other is assured in relationship, and not before that)

Assignment for Today

In your interaction with others in the family or institution over the past six months, list any five incidences of your interaction.

Now check if it was the right evaluation, over-evaluation, under-evaluation or otherwise-evaluation?

We discussed about differentiation today. Give one example each of the differentiation on the three bases, and suggest a solution to each on the basis of right understanding.

Sum Up

Respect = Right Evaluation (with a feeling of trust on intention)

Under evaluation, over evaluation or otherwise evaluation is disrespect

Differentiation is disrespect

Respect on the basis of Self – The other is like me and we are complementary to each other

The only difference is in our level of understanding (how much of our desire, thought & expectation is on the basis of our Natural Acceptance). Fulfilling the relationship from my side leads to harmony (happiness) within me:

If the other has more understanding, he is more responsible than me

- I am committed to understand from the other

If I have more understanding, I am more responsible than the other

- I live with responsibility with the other, unconditionally, unperturbed by the behaviour of the other
- I am committed to facilitate understanding in the other (once the other is assured in relationship, and not before that)





Self Reflection